

PHRASAL VERBS ARE FUN! (H - L)

Phrasal Verb	Meaning	Example
hand in	To submit (report, homework)	Please hand in your papers before Friday.
hand out	To distribute	Susan volunteered at the shelter where she handed out warm clothes.
hang out	To spend time in a particular place or with a group of friends	Which pub does the team hang out at after the game?
hang up	To end a phone conversation	If you hang up now, I'll never speak to you again.
hold on	<ol style="list-style-type: none">1. To wait2. To grip tightly	<ol style="list-style-type: none">1. Please hold on and a representative will answer your call.2. She was so scared on the rollercoaster ride that she held on for dear life.
hurry up	To be quick, act speedily	Hurry up and finish your lunch or we'll miss the train.

iron out	To resolve by discussion, eliminate differences	The two countries met at the conference to iron out their differences.
join in	To participate	Yes David, you can join in the discussion any time you like.
join up	<ol style="list-style-type: none"> 1. To engage in, become a member of 2. To meet and unite with 	<ol style="list-style-type: none"> 1. There was a war on, so some kids were only sixteen when they joined up. 2. Let's separate now and join up later at the restaurant.
keep on	To continue doing something	If you keep on making that noise I will get annoyed.
keep up with	To stay at the same level as someone or something	I read the paper every day to keep up with the news.
kick off	To begin, start	The rugby match kicked off at 3 o'clock.
leave out	To omit, not mention	Please check your form again and make sure nothing is left out.
let down	To disappoint	I feel so let down because they promised me a puppy but all I got was a doll.

look after	To take care of	Andy can you look after your sister until I get back?
look down on	To consider as inferior	She's such a snob. She always looks down on anyone who is poor.
look on	To be a spectator at an event	If you don't want to take part in the game you can look on for now.
look for	To try to find something	Harry went to the shop to look for a new computer.
look forward to	To await or anticipate with pleasure	I'm looking forward to my birthday. It's in two days time.
look up to	To admire	I always looked up to my father. He was a great man.